

## SPECIAL EDUCATION PARENT RESOURCE CENTER MONTHLY NEWSLETTER

### PULSE POINTS: NEWS & UPDATES

#### HOW CAN THE SPED PARENT RESOURCE CENTER HELP?

Our mission is to provide you with the support and resources you need. Whether it's guidance on navigating the world of special education, insights into crafting effective Individual Education Programs (IEPs), access to a rich lending library on disabilities, fostering connections within your community, receiving personalized counseling, or finding the right local and national agencies through referrals - we're here for you every step of the way. Your journey in special education is important to us, and we're dedicated to helping you succeed.

#### SPECIAL EDUCATION



Parent  
Resource  
Center

#### PARENT RESOURCE CENTER CONTACT INFORMATION

##### Located in Room 305:

Booker T. Washington Elementary  
204 Walnut Street  
Suffolk, VA 23434

##### Hours:

Monday 10-2 Tuesday 9-1  
Wednesday 1-5 Thursday 10-2  
Friday 9-1 (Other times by APPT)

Phone: 757-925-5785

Email: [velvetsmith@spsk12.net](mailto:velvetsmith@spsk12.net)

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#### PARENT RESOURCE CENTER

- **Vision:** Creating a future where every child's unique abilities are recognized and nurtured, facilitated by informed parents and a supportive educational community.
- **Mission:** To equip and guide parents through the special education journey by providing essential resources, expert advice, and a supportive community, ensuring each student's academic and personal success.
- **Values:**  
Empowerment \* Collaboration \* Inclusivity

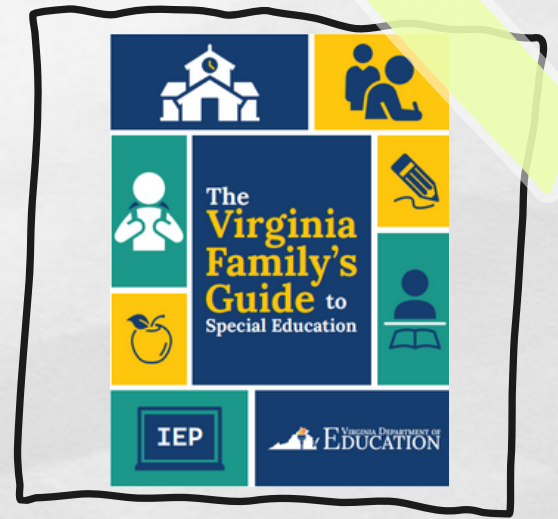
## PULSE POINTS: RESOURCES & TOOLS

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### VIRGINIA FAMILY'S GUIDE TO SPECIAL EDUCATION

Welcome to the [Virginia Family's Guide to Special Education](#), an updated version of A Parent's Guide to Special Education, originally published in 2010. Created by the Virginia Department of Education (VDOE), this guide is here to assist families, teachers, administrators, advocates, and students in the world of special education.

Inside, VDOE simplifies the process, outlining the rights and responsibilities involved, with key timelines highlighted. Let us help you navigate the journey and advocate effectively for your child's education.



## PULSE POINTS: EQUIP & ENGAGE

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### UPCOMING CONNECTIONS

**Thursday, November 2nd @ 6:30 PM:** Join us as we discuss: what are Social Security benefits, what are Virginia's Medicaid Waivers, who is eligible, and how do I apply?  
[Zoom Registration](#)

**Wednesday, November 15th @ 6:30 - 8:30 PM:** Special Education Advisory Committee Meeting  
Come enhance your understanding of collaborating with the school division to tailor special education for children and youth with disabilities.  
Kings Fork Middle School (In-Person) or [Zoom Link](#) (Online)

**Friday, November 17th @ 6:00 PM:** Grand Illumination  
Come see Downtown Suffolk light up and stay for crafts, carriage rides, and Santa.  
Event takes place at Suffolk Seaboard Train Station Museum.

**Friday, November 24th @ 5:00 PM:** Festival of Lights Opens. Drive through the festive light display at Sleepy Hole Park select nights in November and December.  
[Click for schedule.](#)



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